

MASUM / MTBC / MSN Level 1 Coaching & Certification Course – Tenpin Bowling

JADUAL KURSUS

TARIKH : 21 HINGGA 25 NOVEMBER 2016

VENUE: UPM & IOI CITY MALL PUTRAJAYA

Date / Time	0900-1030	1030-1045	1045-1230	1230-1400	1400-1530	1530-1545	1545-1700
21 NOV 2016 (ISNIN)				REGISTRATION	History of Bowling Equipment in Bowling	TEA BREAK	Rules & Regulations / Safety / Courtesy Scoring
22 NOV 2016 (SELASA)	Sport Science Module Sport Skill	TEA BREAK	Sport Science Module Sport Skill	LUNCH BREAK	Sport Science Module Nutrition		Sport Science Module Nutrition
23 NOV 2016 (RABU)	Implementation of Guidelines For Coaches		Implementation of Guidelines For Coaches		Implementation of Guidelines For Coaches		Implementation of Guidelines For Coaches
24 NOV 2016 (KHAMIS)	PRACTICAL ON LANES		PRACTICAL ON LANES		ASSESSMENT PRACTICAL ON LANES		
25 NOV 2016 (JUMAAT)	Review of Course		Theory Test				

** Practical On Lanes – 10am – 12pm, and 2pm – 4pm

** Friday Review and Theory Test. Target to finish latest by 12pm.